

Town of Floyd 5K Run/Walk

(benefitting Duke Medical Center Research)

Saturday, August 30, 2008 - 8:30 a.m.



Entry Fee: \$20.00 for registration received by August 15, 2008.
\$25.00 entry fee after August 15, 2008.
Each participant will receive a short-sleeve race t-shirt.
Checks made out to Town of Floyd

Race Day Registration: Registration will open at 7:00 A.M. on race day at
Floyd County High School
Registration will close promptly at 8:15 a.m.

Packet Pick-up: Packets can be picked up on Friday, August 29, 2008 at FCHS Cafeteria during
the Community Spaghetti Dinner or at registration on Saturday morning starting
at 7:00 a.m.

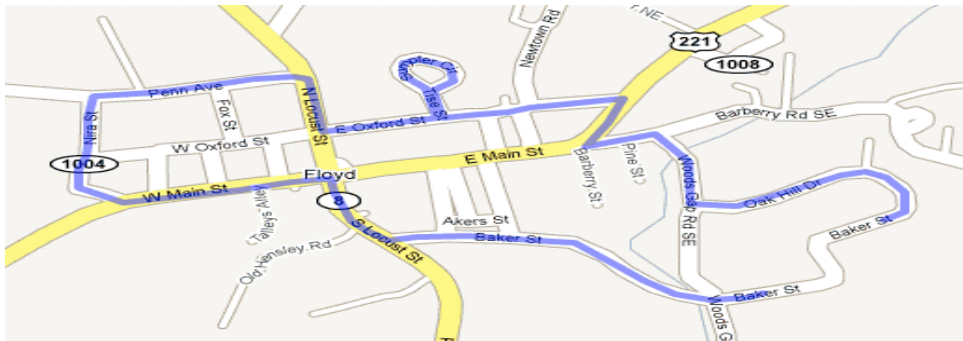
Awards and Age Groups: An awards ceremony will follow as soon as possible at the conclusion
of the race. Top three men and women will receive overall awards. The top three men and women
in each age group will receive awards. You may only receive one award. Age groups are:

14 & under	25-29	40-44	55-59
15-19	30-34	45-49	60 & over
20-24	35-39	50-54	

Course: The Town of Floyd 5K will start and finish at Floyd County High School. The run/walk
will take you through the beautiful Town of Floyd. The course has several rolling hills. You must
be able to complete run/walk by 9:30 a.m.

Post-Race: Fruits and beverages will be offered to runners following the race.

Community Pasta Meal: There will be a Community Pasta Meal on Friday, August 29, 2008 at
Floyd County High School Cafeteria from 5:00 until 7:30 p.m.



Official Entry Form



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Please fill out completely. Incomplete forms will not be accepted and will not be entered in the race.

Early Entry (Prior to August 15, 2008) - \$20.00

Entry Fee (August 16, 2008 through 8:15 a.m. race day) - \$25.00

First Name _____ Last Name _____

Address (street, city, state, zip) _____

Phone Number _____

Email Address _____

Male _____ Female _____ Runner _____ Walker _____

Age on August 30, 2008 _____ Date of Birth _____

T-shirt Size (S, M, L, XL) _____

Send entry check (made payable to Town of Floyd) to the following address:

Town of Floyd 5K
138 Wilson Street
Floyd, VA 24091

Waiver: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any, and all rights and claims for damages and other claims I may have against the Town of Floyd, Virginia, and its agents, employees, managers and Council members, and all those persons involved in organizing and manning this event from all claims, demands, losses, damages, actions cause of action or suits of whatsoever kind or nature, arising out of my participation in the Town of Floyd 5K on August 30, 2008. I realize that some of the activities may subject me to certain stresses and hazards, not all of which can be foreseen. I desire and consent, by signing this form, to take part in all such activities. I assume all the ordinary risks normally incident to the nature of this activity. Furthermore, I also agree that I have appropriate health care coverage for this activity.

Signature

Legal Guardian must sign if entrant is under 18 years old

All entrants must sign this waiver to participate.